

Driving Directions

MY DIABETES DIETITIAN, INC.

119 S. Trade St
Suite 107
Matthews, NC 28105
704-846-7105

From University Area:

1. Merge onto I-485 South
2. Take Exit 52 toward Matthews
3. Turn Right off of exit (John Street)
4. Turn Left on Trade Street
5. Office between Texaco and Linda's Children Shoppe

From Pineville Area:

1. Merge onto I-485 East
2. Take Exit 52 toward Matthews
3. Turn Left off exit (John Street)
4. Turn Left on Trade Street
5. Office between Texaco and Linda's Children Shoppe

From Charlotte/Monroe Road Area:

1. Monroe Road toward Matthews
2. Monroe Road turns into John Street
3. Turn Right on Trade Street
4. Office between Texaco and Linda's Children Shoppe

From Indian Trail-Monroe Area on Monroe Rd:

1. Monroe Rd toward Matthews
2. Monroe Rd turns in John Street
3. Turn Left on Trade Street.
4. Office between Texaco and Linda's Children Shoppe