



PREVENTIVE BENEFITS PROFILE
NC PREVENTION
PARTNERS



UnitedHealthcare of NC, Inc.

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Chief Medical Officer: John Rennick Jr., MD

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**General Health Benefits and Value
Added Programs Offered:**
Preventive Care as described in the
member's certificate of coverage.

Information submitted by
United Healthcare of NC, Inc.
July 2007

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|  Tobacco Cessation Benefits | Covered Services and Medications: | |
| | Screening / Assessment | Considered as part of the Annual Preventive Examination. Eligibility: Those that are proven for risk, gender and/or age specific preventive services based on the recommendations of the US Preventive Services Task Force. |
| | Cessation Counseling by a Primary Care Provider | Considered as part of the Annual Preventive Examination. Eligibility: Those that are proven for risk, gender and/or age specific preventive services based on the recommendations of the US Preventive Services Task Force. |
| | Tobacco Cessation Medications, Prescription | Not covered. |
| | Tobacco Cessation Medications, Over-the-counter | Not covered. |
| <p>Consumer Programs, Discounts and Services</p> <ul style="list-style-type: none"> The UnitedHealth Allies program provides a discount for services not covered under the employee’s benefit plan. UnitedHealth Allies is NOT an insurance program and does not replace a member’s benefit coverage. UnitedHealth Allies program is used to save on services, which a member would normally pay on their own. Programs include: Vision, Hearing, Alternative Care, Long-Term Care, Dental and Wellness Programs. <p>Physician Programs and Initiatives</p> <ul style="list-style-type: none"> Physician Website | | |

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|  Nutrition Benefits | Covered Services and Medications: | |
| | Screening / Assessment | Considered as part of the Annual Preventive Examination. Eligibility: Those that are proven for risk, gender and/or age specific preventive services based on the recommendations of the US Preventive Services Task Force. |
| | Preventive Counseling by a Primary Care Provider | Considered as part of the Annual Preventive Examination. Eligibility: Those that are proven for risk, gender and/or age specific preventive services based on the recommendations of the US Preventive Services Task Force. |
| | Medical Nutrition Therapy by a Registered Dietitian | Not Covered. |
| <p>Consumer Programs, Discounts and Services</p> <ul style="list-style-type: none"> The UnitedHealth Allies program provides a discount for services not covered under the employee’s benefit plan. UnitedHealth Allies is NOT an insurance program and does not replace a member’s benefit coverage. UnitedHealth Allies program is used to save on services, which a member would normally pay on their own. Programs include: Vision, Hearing, Alternative Care, Long-Term Care, Dental and Wellness Programs. <p>Physician Programs and Initiatives</p> <ul style="list-style-type: none"> Physician Website | | |

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|  Physical Activity Benefits | Covered Services and Medications: | |
| | Screening / Assessment | Considered as part of the Annual Preventive Examination. Eligibility: Those that are proven for risk, gender and/or age specific preventive services based on the recommendations of the US Preventive Services Task Force. |
| | Preventive Counseling by a Primary Care Provider | Considered as part of the Annual Preventive Examination. Eligibility: Those that are proven for risk, gender and/or age specific preventive services based on the recommendations of the US Preventive Services Task Force. |
| | Personal Trainers | Not Covered |
| | Consumer Programs, Discounts and Services <ul style="list-style-type: none"> The UnitedHealth Allies program provides a discount for services not covered under the employee’s benefit plan. UnitedHealth Allies is NOT an insurance program and does not replace a member’s benefit coverage. UnitedHealth Allies program is used to save on services, which a member would normally pay on their own. Programs include: Vision, Hearing, Alternative Care, Long-Term Care, Dental and Wellness Programs. | |
| | Physician Programs and Initiatives <ul style="list-style-type: none"> Physician Website | |

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|  Diabetes Benefits | Covered Services and Medications: | |
| | Screening / Assessment | Covered. Eligibility: Those that are proven for risk, gender and/or age specific preventive services based on the recommendations of the US Preventive Services Task Force. |
| | Test Strips | Covered. |
| | Pre-Diabetes Medication | Covered. |
| | Preventive Counseling by a Primary Care Provider | Covered. Eligibility: Those that are proven for risk, gender and/or age specific preventive services based on the recommendations of the US Preventive Services Task Force. |
| | Medical Nutrition Therapy by a Registered Dietitian | Not Covered. |
| | Comprehensive Diabetes Education by a Certified Diabetes Educator | Covered. Eligibility: Those that are proven for risk, gender and/or age specific preventive services based on the recommendations of the US Preventive Services Task Force. |
| Consumer Programs, Discounts and Services | | |
| <ul style="list-style-type: none"> The UnitedHealth Allies program provides a discount for services not covered under the employee’s benefit plan. UnitedHealth Allies is NOT an insurance program and does not replace a member’s benefit coverage. UnitedHealth Allies program is used to save on services, which a member would normally pay on their own. Programs include: Vision, Hearing, Alternative Care, Long-Term Care, Dental and Wellness Programs. | | |
| Provider Programs and Initiatives | | |
| <ul style="list-style-type: none"> The UnitedHealth Premium® designation program recognizes specialty and primary care physicians and hospitals providing services that have been assessed as meeting or exceeding certain evidence and consensus-based quality and efficiency of care criteria. Physician Website | | |

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|  Diabetes Benefits | Covered Services and Medications: | |
| | Screening / Assessment | Covered Eligibility: Those that are proven for risk, gender and/or age specific preventive services based on the recommendations of the US Preventive Services Task Force. |
| | Test Strips | Covered. |
| | Diabetes Medications | Covered. |
| | Preventive Counseling by a Primary Care Provider | Covered. Eligibility: Those that are proven for risk, gender and/or age specific preventive services based on the recommendations of the US Preventive Services Task Force. |
| | Medical Nutrition Therapy by a Registered Dietitian | Covered. Eligibility: Those that are proven for risk, gender and/or age specific preventive services based on the recommendations of the US Preventive Services Task Force. |
| | Comprehensive Diabetes Education by a Certified Diabetes Educator | Covered. Eligibility: Those that are proven for risk, gender and/or age specific preventive services based on the recommendations of the US Preventive Services Task Force. |
| <p>Consumer Programs, Discounts and Services</p> <ul style="list-style-type: none"> The UnitedHealth Allies program provides a discount for services not covered under the employee’s benefit plan. UnitedHealth Allies is NOT an insurance program and does not replace a member’s benefit coverage. UnitedHealth Allies program is used to save on services, which a member would normally pay on their own. Programs include: Vision, Hearing, Alternative Care, Long-Term Care, Dental and Wellness Programs. <p>Provider Programs and Initiatives</p> <ul style="list-style-type: none"> The UnitedHealth Premium® designation program recognizes specialty and primary care physicians and hospitals providing services that have been assessed as meeting or exceeding certain evidence and consensus-based quality and efficiency of care criteria. Physician Website | | |

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Hypertension Benefits

Covered Services and Medications:

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| Screening / Assessment | Covered. Eligibility: Those that are proven for risk, gender and/or age specific preventive services based on the recommendations of the US Preventive Services Task Force. |
| Hypertension medications | Covered. |
| Preventive counseling by a Primary Care Provider | Covered. Eligibility: Those that are proven for risk, gender and/or age specific preventive services based on the recommendations of the US Preventive Services Task Force. |
| Medical Nutrition Therapy by a Registered Dietitian | Not Covered. |

Consumer Programs, Discounts and Services

- The UnitedHealth Allies program provides a discount for services not covered under the employee’s benefit plan. UnitedHealth Allies is NOT an insurance program and does not replace a member’s benefit coverage. UnitedHealth Allies program is used to save on services, which a member would normally pay on their own. Programs include: Vision, Hearing, Alternative Care, Long-Term Care, Dental and Wellness Programs.


Provider Programs and Initiatives

- The UnitedHealth Premium® designation program recognizes specialty and primary care physicians and hospitals providing services that have been assessed as meeting or exceeding certain evidence and consensus-based quality and efficiency of care criteria.
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|  Cholesterol Benefits | Covered Services and Medications: | |
| | Screening / Assessment | Covered. Eligibility: Those that are proven for risk, gender and/or age specific preventive services based on the recommendations of the US Preventive Services Task Force. |
| | Cholesterol medications | Covered. |
| | Preventive counseling by a Primary Care Provider | Covered. Eligibility: Those that are proven for risk, gender and/or age specific preventive services based on the recommendations of the US Preventive Services Task Force. |
| | Medical Nutrition Therapy by a Registered Dietitian | Not Covered. |
| Consumer Programs, Discounts and Services | | |
| <ul style="list-style-type: none"> The UnitedHealth Allies program provides a discount for services not covered under the employee’s benefit plan. UnitedHealth Allies is NOT an insurance program and does not replace a member’s benefit coverage. UnitedHealth Allies program is used to save on services, which a member would normally pay on their own. Programs include: Vision, Hearing, Alternative Care, Long-Term Care, Dental and Wellness Programs. | | |
| Provider Programs and Initiatives | | |
| <ul style="list-style-type: none"> The UnitedHealth Premium® designation program recognizes specialty and primary care physicians and hospitals providing services that have been assessed as meeting or exceeding certain evidence and consensus-based quality and efficiency of care criteria. Physician Website | | |

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Adult Obesity Benefits

Covered Services and Medications:

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|---|--|
| Screening / Assessment | Considered as part of the Annual Preventive Examination. Eligibility: Those that are proven for risk, gender and/or age specific preventive services based on the recommendations of the US Preventive Services Task Force. |
| Preventive counseling by a Primary Care Provider | Considered as part of the Annual Preventive Examination. Eligibility: Those that are proven for risk, gender and/or age specific preventive services based on the recommendations of the US Preventive Services Task Force. |
| Medical Nutrition Therapy by a Registered Dietitian | Not Covered. |
| Obesity Visits—Primary Diagnosis | Not Covered |
| Obesity Medications | Not Covered. |

Consumer Programs, Discounts and Services

- The UnitedHealth Allies program provides a discount for services not covered under the employee’s benefit plan. UnitedHealth Allies is NOT an insurance program and does not replace a member’s benefit coverage. UnitedHealth Allies program is used to save on services, which a member would normally pay on their own. Programs include: Vision, Hearing, Alternative Care, Long-Term Care, Dental and Wellness Programs.

Provider Programs and Initiatives

- The UnitedHealth Premium® designation program recognizes specialty and primary care physicians and hospitals providing services that have been assessed as meeting or exceeding certain evidence and consensus-based quality and efficiency of care criteria.
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Youth Obesity Benefits

Covered Services and Medications:

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| Screening / Assessment | Considered as part of the Annual Preventive Examination. Eligibility: Those that are proven for risk, gender and/or age specific preventive services based on the recommendations of the US Preventive Services Task Force. |
| Preventive counseling by a Primary Care Provider | Considered as part of the Annual Preventive Examination. Eligibility: Those that are proven for risk, gender and/or age specific preventive services based on the recommendations of the US Preventive Services Task Force. |
| Medical Nutrition Therapy by a Registered Dietitian | Not Covered. |
| Obesity Visits—Primary Diagnosis | Not Covered |
| Obesity Medications | Not Covered. |

Consumer Programs, Discounts and Services

- The UnitedHealth Allies program provides a discount for services not covered under the employee’s benefit plan. UnitedHealth Allies is NOT an insurance program and does not replace a member’s benefit coverage. UnitedHealth Allies program is used to save on services, which a member would normally pay on their own. Programs include: Vision, Hearing, Alternative Care, Long-Term Care, Dental and Wellness Programs.

Provider Programs and Initiatives

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| Cancer Benefits | Covered Services and Medications: | |
|------------------------|---|--|
| | Screening Mammograms | Annually, as defined by the <i>Guide to Clinical Preventive Services</i> by the US Preventive Services Task Force. |
| | Follow-up Mammograms | As indicated by the treating provider as defined by the <i>Guide to Clinical Preventive Services</i> by the US Preventive Services Task Force. |
| | HPV Vaccine | Yes, as defined by the <i>Guide to Clinical Preventive Services</i> by the US Preventive Services Task Force. |
| | Cervical Cancer Screenings | Yes, as defined by the <i>Guide to Clinical Preventive Services</i> by the US Preventive Services Task Force. |
| | Follow-up Cervical Cancer Screenings | Yes, as defined by the <i>Guide to Clinical Preventive Services</i> by the US Preventive Services Task Force. |
| | Colon Cancer Screening: Colonoscopy | Yes, as defined by the <i>Guide to Clinical Preventive Services</i> by the US Preventive Services Task Force. |
| | Colon Cancer Screening: Sigmoidoscopy | Yes, as defined by the <i>Guide to Clinical Preventive Services</i> by the US Preventive Services Task Force. |
| | Colon Cancer Screening: FOBT | Yes, as defined by the <i>Guide to Clinical Preventive Services</i> by the US Preventive Services Task Force. |
| | Follow-up Colon Cancer Screenings | Yes, as defined by the <i>Guide to Clinical Preventive Services</i> by the US Preventive Services Task Force. |
| | PSA | Yes, as defined by the <i>Guide to Clinical Preventive Services</i> by the US Preventive Services Task Force. |
| Follow-up/PSA Biopsy | Yes, as defined by the <i>Guide to Clinical Preventive Services</i> by the US Preventive Services Task Force. | |

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| Cancer Benefits | <p>Covered Services and Programs (cont.)</p> <p>Consumer Programs, Discounts and Services</p> <ul style="list-style-type: none">• The UnitedHealth Allies program provides a discount for services not covered under the employee's benefit plan. UnitedHealth Allies is NOT an insurance program and does not replace a member's benefit coverage. UnitedHealth Allies program is used to save on services, which a member would normally pay on their own. Programs include: Vision, Hearing, Alternative Care, Long-Term Care, Dental and Wellness Programs.• Cancer Resources Services includes access to a network of cancer centers of excellence nationwide and to a team of cancer nurses who provide information and assistance directly to patients and family members to help them make informed decisions about their care. This program is available for individuals with any type of cancer. <p>Provider Programs and Initiatives</p> <ul style="list-style-type: none">• The UnitedHealth Premium® designation program recognizes specialty and primary care physicians and hospitals providing services that have been assessed as meeting or exceeding certain evidence and consensus-based quality and efficiency of care criteria.• Physician Website |
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